

	<b>Budget</b>	registration fee, travel, rental car, hotel, food, etc
	<b>Register</b>	confirmation
	<b>Book Flights</b>	check bike baggage policy, consider total travel time, airport dropoff/parking
	<b>Book Rental Car</b>	reserve, confirm insurance, amount of room for persons/luggage
	<b>Book Hotel</b>	fridge/microwave available, near race site, parking fees
	<b>Itinerary</b>	complete & print, email to emergency contact
	<b>Set Goals</b>	complete & print
	<b>Why I Tri</b>	complete & print
	<b>Pack List</b>	complete & print
	<b>T-Minus 2 weeks</b>	complete & print, then execute!
	<b>Race Week Outline</b>	complete & print
	<b>T-Minus 24 hours</b>	complete & print, then execute!
	<b>RACE PLAN</b>	complete & print, then execute!
	<b>Post Race Reflection</b>	Celebrate, review goals & add reflections, lessons, etc
	<b>Start all over again</b> <input type="checkbox"/>	